



Instructions for Specimen Collection and Shipment for UCSF Exome Sequencing

SPECIMEN TYPES ACCEPTED:

- Peripheral blood (4cc, EDTA)
- Cord blood (1-4cc, EDTA)
- Buccal swabs or saliva (please request a collection kit)
- DNA (minimum 2 microgram)

INTERNAL UCSF SHIPMENT OF SPECIMENS:

- Specimens should be packaged in a biohazard bag and clearly labeled: Attention: Genomic Medicine Laboratory @Mt. Zion; Phone: 415-502-3560
- Specimen delivery:
 - Hand delivered to: N171, 2340 Sutter Street **OR**
 - Dropped off in the Pathology gross room specimen cooler with the destination of Mt. Zion.
 - Mission Bay: Room M2379, phone 415-514-3711
 - Parnassus: Room M576, phone 415-353-1608
 - Mt. Zion: Room B216, phone 415-885-7304
- Confirm drop off in the Pathology cooler with an email to: GML@ucsf.edu

OUTSIDE INSTITUTION SHIPMENTS:

- Send specimen overnight at room temperature. However, in the event of a heat wave, specimen should be sent with a cool pack.
- Deliveries are only accepted Monday-Friday (no holidays), so samples ready for shipping on Friday should be held at 4°C for shipping Monday. Shipping address is:

University of California, San Francisco
Attention: Genomic Medicine Laboratory
2340 Sutter Street, N171
San Francisco, CA 94143-1389

Phone: 415-502-3560